

# PSHE Unit Overview

## Unit 3 - Dreams and Goals

### Key Content (New Learning)

Identify my hopes and dreams

Understand the importance of focussing on happy and positive experiences to counteract disappointment

### Unit Overview

### Key Vocabulary

|           |   |
|-----------|---|
| Lesson 1  | LO: To be resilient during challenges           |
| Lesson 2  | LO: To TO discuss disappointment                |
| Lesson 3  | LO: To plan to achieve goals                    |
| Lesson 4  | LO: To reflect on contributions to a group task |
| Lesson 5  | LO: To recap and reflect on our learning        |
| End Point | To answer summary questions                     |

Dream  
 Hope  
 Goal  
 Learning  
 Strengths  
 Stretch  
 Achievement  
 Personal  
 Realistic  
 Unrealistic  
 Success  
 Criteria  
 Learning steps  
 Money  
 Global  
 Issue  
 Suffering  
 Concern  
 Hardship