













Key Content

- Demonstrate good hygiene.
- Knows how to cut, grate, mix. (With supervision)
- Knows how to use a grater safely.
- Knows how to make toast using a grill safely.

Key Vocabulary		Knowledge	Key Equipment	
<ul style="list-style-type: none"> <li>• bake</li> <li>• utensils</li> <li>• hygiene</li> <li>• recipe</li> <li>• evaluate</li> <li>• method</li> </ul>	<p>To cook food in an oven.</p> <p>Tool used for cooking.</p> <p>Rules you must follow to ensure you and your area are clean.</p> <p>A set of instructions to make a dish/meal/ something to eat.</p> <p>To assess how well something went.</p> <p>Similar to a recipe, the steps you must follow to make something.</p>	<p style="text-align: center;"><b>Kitchen Safety Tips</b></p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p><b>Wash First</b></p> <p>If sampling, remember to wash the spoon before it goes back in the food.</p> </div> <div style="text-align: center;">  <p><b>2 Hours</b></p> <p>Don't leave out perishable foods for more than 2 hours.</p> </div> <div style="text-align: center;">  <p><b>Counter Safety</b></p> <p>Keep hot liquids and food away from counter and table edges where young children can reach.</p> </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p><b>Prevent Bacteria</b></p> <p>Fully cook recipes with eggs, meat and poultry and thoroughly wash fresh produce.</p> </div> <div style="text-align: center;">  <p><b>Wash Often</b></p> <p>Wash your hands a lot, and remind kids to do the same.</p> </div> </div> <div style="text-align: center; margin-top: 10px;">  </div>	<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;">  <p>knife</p> </div> <div style="text-align: center;">  <p>grill</p> </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>grater</p> </div> <div style="text-align: center;">  <p>microwave</p> </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>timer</p> </div> <div style="text-align: center;">  <p>mixing bowl</p> </div> </div>	