

Key Content

- know the impact of food on the body
- know about different types of drugs

- know about drug use and the effects on the body particularly the liver and heart

- understand when alcohol is being used responsibly, anti-socially or being misused
- know and can put into practice basic emergency aid procedures

- understand what it means to be emotionally well and explore people's attitudes towards mental health/illness

Key Vocabulary

Knowledge

Key Information

Eating disorder

abnormal or disturbed eating habits

Social media

websites and applications that enable users to create and share information

Body image

is the feeling that a person has of their physical self and the thoughts and feelings that result from that perception.

