











## Key Content

Move confidently in different ways	Perform a small range of skills and link two movements together	Perform a range of skills with some control and consistency.
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Key Vocabulary	Knowledge	Key Events
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Juggle	Throw in the air and catch objects.	 big steps  short steps  roll	<p>I can perform a sequence of movements with some changes in level, direction or speed.</p> <p>I can perform a range of skills with some control and consistency.</p> <p>I can perform a small range of skills and link two movements together.</p> <p>I can perform a single skill or movement with some control.</p>
Roll	Move in a direction by turning over and over.		
Forward	Direction of travel, towards the front.	 walking  running  bounce	
Backward	Direction of travel, back.	 throw  catch	
Agility	Ability to move quickly and easily.		
Co-ordination	The ability to use different parts of the body together smoothly and efficiently.	 Juggling  Fairytale	